

Women

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| Saara | Antunovic | Helensville |
| Nora | Baldwin | Wainui |
| Lesley | Barley | Omaha Beach |
| Cathy | Berglurd | Wainui |
| Carey | Boylan | Helensville |
| Jeanine | Browne | Wainui |
| Theresa | Dirks | Redwood Park |
| Linda | Ditchburn | Helensville |
| Gaynor | Heather | Whangaparaoa |
| Marion | Heyrick | Helensville |
| Esther | Jiang | North Shore |
| Anna | Keys | Redwood Park |
| Ruth | King | Warkworth |
| Connie | Liew | North Shore |
| Brenda | Marsh | Warkworth |
| Jo | Matheson | Wainui |
| Colleen | O'Brien | Wainui |
| Denise | Over | Redwood Park |
| Alicia | Sena | Helensville |
| Adriana | Stewart | Helensville |
| Teresa | Tan | North Shore |
| Jackerlin | Wong | Muriwai |
| Amelia | Wong | North Shore |

Men

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| Alastair | Aitken | North Shore |
| Michael | Anderson | Huapai |
| Paul | Barmes | Wainui |
| Keith | Benson | Muriwai |
| Alan | Blackburn | Helensville |
| David | Boylan | Helensville |
| Mal | Brennan | South Head |
| Greg | Buchan | Waitemata |
| Craig | Burgess | Helensville |
| Mike | Butler | Helensville |
| David | Chang | North Shore |
| Greg | Chestnut | Huapai |
| Thys | Claassens | South Head |
| Nigel | Clark | Huapai |
| Harold | Clatworthy | Helensville |
| Daniel | Collins | Hutt Park |
| David | Cooke | Huapai |
| Mitchell | Cooper | Mangawhai |
| Graham | Cutress | Helensville |
| Phillip | Davis | Hutt Park |
| Nick | Ditchburn | Helensville |
| Boyne | Drummond | Waitemata |
| Kevin | Du Preez | FlexiClub |
| Kevin | Eddington | Mangawhai |

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| Eddie | Edmonds | Helensville |
| William | Ellis | Marton |
| Lenny | Faber | South Head |
| Brian | Fear | North Shore |
| Bill | Ferguson | Helensville |
| Scott | Fifield-Smith | RNZAF |
| Pat | Fraser | South Head |
| Duncan | Gardiner | Helensville |
| Peter | Hancox | Helensville |
| Sean | Hassett | Omaha Beach |
| Malcolm | Heather | Whangaparaoa |
| Martin | Heke | South Head |
| David | Hellyer | Helensville |
| Bruce | Heyrick | Helensville |
| Jason | Hill | Waitakere |
| Phil | Hocking | Tarras |
| Fraser | Honey | Huapai |
| Steve | Hopkins | Pupuke |
| Adrian | Hudson | Tapora |
| Cliff | Hutton | South Head |
| Lee | Ingram | South Head |
| Bill | Johnson | Redwood Park |
| Brian | Jones | Muriwai |
| Graeme | Jordan | Wainui |
| Brian | Keys | Redwood Park |
| Ken | King | Wainui |
| Joseph | Lam | Muriwai |
| Derek | Larkins | South Head |
| Garry | Le Verne | Helensville |
| Rangi | Lemon | South Head |
| Brian | Lough | Muriwai |
| Howard | Mace | Waitemata |
| Lamp (Allen) | Mackay | Helensville |
| Al | McCook | Helensville |
| Maurice | McGlynn | Helensville |
| Kevin | McLean | Huapai |
| Hamish | McPhail | Huapai |
| Roy | Millar | Mangawhai |
| Aidan | Murphy | North Shore |
| Warrenn | Mulcahy | Mangawhai |
| Jacobus | Neethling | Pupuke |
| Bryen | Newton | Helensville |
| Michael | O'Brien | Wainui |
| Geoff | Penrose | Huapai |
| Garry | Pike | Waitakere |
| Marty | Pomeroy | Hutt Park |
| Alex | Popata | Hutt Park |
| Dave | Pratt | Muriwai |
| Greg | Quinn | Mangawhai |
| Peter | Rice | Wainui |

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| Garry | Robertson | Helensville |
| Andrew | Robertson | North Shore |
| Hayden | Rogers | Hutt Park |
| Alex | Sharp | North Shore |
| John | Shaw | Helensville |
| Alvin | Shi | North Shore |
| Graham | Spinetto | Waitakere |
| Ian | Steedman | South Head |
| Greg | Stewart | RNZAF |
| Chris | Tatton-Brown | Helensville |
| Peter | Taylor | Helensville |
| Bob | Thomas | Redwood Park |
| Ken | Thysse | Hutt Park |
| Gregory | Watson | North Shore |
| Ross | Watton | Pukekohe |
| John | Wells | Mangawhai |
| Nick | Whittaker | North Shore |
| Stu | Wilson | South Head |
| Ben | Wong | North Shore |
| Hector | Wong | North Shore |
| Steve | Wragge | Helensville |
| Owen | Young | Waitemata |